



General Overview - Pre-Op Instructions

Patients scheduled for surgery or lithotripsy should not eat or drink anything after midnight the night before or the morning of the procedure. This includes chewing gum, mints, hard candy and all tobacco products. If you eat or drink before your surgery, your operation will be cancelled. Please contact your physician if you have questions.

We ask that you please read and follow these instructions:

- Arrive to the surgery center at your scheduled appointment time wearing casual clothing that can be easily folded and stored. We will provide you with a surgical gown to wear.
- Leave all valuables such as watches and all jewelry at home. Jewelry may not be worn during the procedures.
- Leave any money, other than the co-pay your insurance requires, at home.
- If you wear contact lenses, then leave them at home and just wear your glasses.

A family member or friend must accompany you to the Surgery Center and remain in the building. They are responsible for your transportation home after surgery. You may not take a cab unless you are accompanied by a responsible adult. It is not advisable for your transportation home to be by bus. It will not be safe for you to drive until the day following your surgical procedure or advised by your physician.

Patients who receive general, monitored or regional anesthesia must have a caretaker for 24 hours after the procedure.

You can expect to leave the Surgery Center approximately 30 minutes to 1 hour after your surgery is completed. You will receive written discharge instructions and necessary prescriptions prior to your discharge.